



2024 DATES

# HEART BEAT

The aim of the Heart Beat Club is to develop the life-saving skill of resuscitation and first aid in our community. The training session covers first aid for common child injuries including burns and scolds, choking, drowning and provides information on how to perform child resuscitation or CPR.

**Please note: This is a basic CPR course, not an accredited First Aid or CPR certificate.**

Participants will learn:

- Strategies to prevent drowning for babies and toddlers.
- How to apply basic first aid to common situations.
- Demonstrated CPR skills.



<b>Presenter:</b>	Royal Lifesaving Society	
<b>Venue:</b>	Armadale	
<b>Date / Time:</b>	Tuesday – 27 <sup>th</sup> February	10.00am to 1.00pm
<b>Venue:</b>	Joondalup	
<b>Date / Time:</b>	Thursday – 23 <sup>rd</sup> May	10.00am to 1.00pm
<b>Venue:</b>	East Perth (No child minding)	
<b>Date / Time:</b>	Wednesday – 7 <sup>th</sup> August	6.30pm to 9.30pm
<b>Venue:</b>	Midland	
<b>Date / Time:</b>	Tuesday – 8 <sup>th</sup> October	10.00am to 1.00pm

❖ Child-minding is available. Please advise when enrolling if you require this service.

To enrol please contact the Family & Foster Care Learning team on 08 6277 4600 or email

[fosterworkshops@communities.wa.gov.au](mailto:fosterworkshops@communities.wa.gov.au)

