



DEVELOPMENT WORKSHOP

BREAKING THE ICE



Having a Conversation about Mental Health

Youth Focus has been providing education programs for community, schools and workplaces to help foster awareness about the importance of good mental health and suicide prevention for the past 8 years.

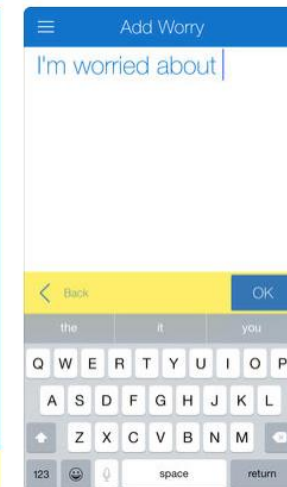
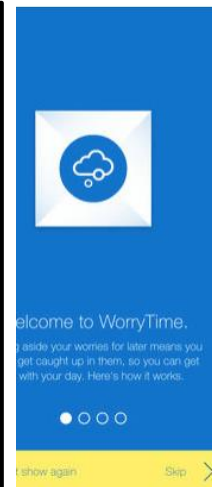
The *Breaking the Ice* workshop provides participants with an

- awareness of when things are starting to go wrong, and the confidence to do something about it; and
- awareness of, and the confidence to have a conversation with people who may be experiencing mental health challenges.

Presenter: Youth Focus

Venue: Midland District Office
Cale House, Level 1
52 The Crescent, Midland

Date / Time: Tuesday 17th August
10.00am – 1.00pm



To enrol please contact the Foster Carer Learning team on 08 9218 5500 or email fosterworkshops@communities.wa.gov.au

