



## DEVELOPMENT WORKSHOP

# Parenting & Discipline Strategies for the Traumatized Child

Being a parent is a tough job! Being a foster parent of a traumatized child is even tougher! In this workshop, we will explore the ultimate child rearing challenge – Discipline! Providing discipline is not about punishment and control, but rather teaching children how to regulate their big emotions, make better choices and to develop healthy relationships and resilience. Based on the collaborative work of Dr Daniel Siegel and Dr Tina Bryson, this workshop will provide you with knowledge and practical strategies to calm the chaos, nurture your child's developing mind and cultivate courage, curiosity and resilience in your child.

Presenter: Isabell Georgiou

Venue: VIDEO CONFERENCE ONLY  
Room- LDC, Foster Carer Learning

Date / Time: Monday 25<sup>th</sup> May  
9.30am – 2.00pm



To enrol please contact the Foster Carer Learning team on 08 9218 5500 or email [fosterworkshops@communities.wa.gov.au](mailto:fosterworkshops@communities.wa.gov.au)  
This workshop will be video conferenced, check if your local District Office is linking in.

