



2021 Dates

## Sensory Based Regulation

Stress and adversity reduces a child's tolerance of the world around them making them more sensitive to sensation and increasing flight/fight responses. Understanding a child's sensory preferences can assist in understanding children's behaviour including big reactions to noise, activity or touch as well as lots of fidgeting, moving around or hiding. This session aims to provide carers with an understanding of their child's unique sensory processing patterns, as well as an awareness of sensory strategies that will support their child's self-regulation. We will explore how sensory processing impacts upon emotional regulation, availability for learning and activity level.

Presenter:	Jessica Green	
	CAHDS	
Venue:	Perth	
Date / Time:	Tuesday 30 <sup>th</sup> March	10.00am – 1.00pm
Venue:	Mandurah	
Date / Time:	Monday 9 <sup>th</sup> August	10.00am – 1.00pm

❖ Child minding is available, please advise when enrolling if you need this service



To enrol please contact the Foster Carer Learning team on 08 9218 5500 or email [fosterworkshops@communities.wa.gov.au](mailto:fosterworkshops@communities.wa.gov.au)

This workshop will be video conferenced, check if your local District Office is linking in.

